

---

## **All-age-related scheme of the structure of the psychological age and its meaning on the example of the old age**

A. S. Belorusec

Post-graduate student of the Department of Age-related Psychology and Development Psychology  
at the Moscow State University by M.V. Lomonosov  
[arsenny@mail.ru](mailto:arsenny@mail.ru)

U. I. Frolov

Ph.D. in Psychology, Associate professor of Department of Age-related Psychology and  
Developmental Psychology at the Moscow State University by M.V. Lomonosov,  
Associate professor of the psychology department  
at the International University of nature, society and human «Dubna»

Authors state the absence of universal scheme of the structure of psychological age in an arsenal of the age-related psychology. This scheme would work well with problems stated against it which means that it would be full, consistent and would open the door to new knowledge. Domestic schemes of L.S. Vygotsky, A.N. Leont'ev, D.B. El'konin and international scheme created on the base of concept "development tasks" introduced by R. Havigherst were analysed; strong and weak parts of these schemes have been considered. The Author's scheme of the structure of age which was built on the base of conducted analysis was proposed. It contains some components such as Situation of Development (reasons of declining the epithet "social" are analyzed), Development Tasks (the idea of building its hierarchy is suggested), Leading activity, Neo-formations of the Age. The place of the subject in this scheme is analyzed separately. The example of filling the scheme by meaning is presented on the material of old age as psychological age.

**Key words:** Psychological age, structure of the age, developmental tasks, old age.