

Aspects of influence of professional stress on attention

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Problems tied with professional stress on body and psychic were searched on the example of the trainer's activity. The empiric research, targeted on revealing of changes in attention of sports trainers appearing as a resold to stress situations in professional activity (competitions of their students). It was determined that professional stress has negative consequences on physical, emotional, cognitive and unconsciousness layers of life and particular has destructible impact on attention. At the end of the research possible ways of next research in the region of diagnostic, prevention and correction of professional stress were underlined.

Key words: professional stress, attention, professional risk.