

---

## **Behavior strategies in stressful situations among children-orphans and children left without parental care**

E.V. Kovalevskaya

The paper presents the results of an empirical study of behavioral strategies in a stressful situation, the orphans and children left without parental care. We consider two groups of children: living in the SOS Children's Village and Children's Home. Among the identified behavioral strategies are presented, such as blaming others (extrapunitive), self-incriminating (intropunitive), the strategy of avoidance, denial (impunitive), fixation on the obstacle, the fixation on self-defense and the fixation on solving the problem. This article also contains the results of the expert survey. His results have allowed to identify four groups of children: children adapted, moderately maladjusted and markedly maladjusted children, as well as non-conformists. Each group is characterized by certain behavioral strategies in a stressful situation. For all behavioral reactions identified age and gender differences in children.

**Keywords:** adaptation, orphans, the strategy of behavior, stress, frustration, expert interviews.

### **Information about the author**

E.V. Kovalevskaya – Senior Lecturer, Chair of General and Social Psychology, Pskov State University (Russia).

E-mail: [summereal@gmail.com](mailto:summereal@gmail.com)